

Simplified Endoscopic Score for Crohn's Disease

SES-CD

The Simplified Endoscopic Score for Crohn's Disease (SES-CD) was developed to serve as an easy, practical score for assessing mucosal lesions in CD. The score comprises four variables: presence and size of ulcers, extent of ulcerated surface, extent of affected surface, and the presence and type of narrowing. Each variable is scored from 0 to 3 within five ileocolonic segments, as displayed in the following table:

	Ileum	Right Colon	Transverse Colon	Left Colon	Rectum	Total
Presence and size of ulcers 0 = None 1 = Aphthous (diameter 0.1 to 0.5 cm) 2 = Large (diameters 0.5 to 2cm) 3 = Very large (diameter > 2 cm)						
Extent of ulcerated surface 0 = None 1 = <10% 2 = 10-30% 3 = >30%						
Extent of affected surface 0 = Unaffected 1 = <50% 2 = 50-75% 3 = >75%						
Presence and type of narrowing 0 = None 1 = Single, can be passed 2 = Multiple, can be passed 3 = Cannot be passed						
SES-CD (total)						

References

Daperno M, D'Haens G, Van Assche G, et al. Development and validation of a new, simplified endoscopic activity score for Crohn's disease: the SES-CD. *Gastrointest Endosc*. 2004;60(4):505-512.