

Psoriasis Symptoms and Signs Diary (PSSD)

PSSD

The Psoriasis Symptoms and Signs Diary (PSSD) is a patient-reported outcome measure that assesses the severity of psoriasis (PsO) symptoms and signs. Patients rate their individual signs and symptoms on a scale of 0 to 10, in which 0 represents no signs or symptoms and 10 represents the worst possible expression of signs or symptoms.

Symptoms and Signs Assessed Include:

Symptoms	Signs
Burning	Bleeding
Itch	Cracking
Pain	Dryness
Skin tightness	Scaling
Stinging	Shedding
	Redness

A symptom summary score and a sign summary score, each ranging from 0-100, are derived from the average scores of the five symptoms and the six signs, respectively. Higher scores indicate more severe disease.

Psoriasis Symptoms and Signs Diary

Please answer each question to the best of your ability. There are no right or wrong answers. Please pay close attention to the time period of interest. These questions ask you to think about the past 7 days .											
Individuals with psoriasis may experience a range of symptoms. Please indicate how severe each of the following skin symptoms were in the past 7 days . Please select only one number for each item on the 0-10 scale (0=Absent and 10= Worst Imaginable).											
1. Rate the severity of <u>itch</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
2. Rate the severity of <u>dryness</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
3. Rate the severity of <u>cracking</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
4. Rate the severity of <u>skin tightness</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
5. Rate the severity of <u>scaling (build-up of skin)</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
6. Rate the severity of <u>shedding or flaking</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
7. Rate the severity of <u>redness</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
8. Rate the severity of <u>bleeding</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable
9. Rate the severity of <u>burning</u> in the past 7 days	0 Absent	1	2	3	4	5	6	7	8	9	10 Worst Imaginable

PSSD 7-day recall (version 2)

References

- Papp KA, Blauvelt A, Kimball AB, et al. Patient-reported symptoms and signs of moderate-to-severe psoriasis treated with guselkumab or adalimumab: results from the randomized VOYAGE 1 trial. *J EADV*. 2018;32:1515-1522.
- Armstrong A, Puig L, Langley R, et al. Validation of psychometric properties and development of response criteria for the psoriasis symptoms and signs diary (PSSD): results from a phase 3 clinical trial. *J Dermatol Treat*. 2019;30(1):27-34.