

The Expanded Disability Status Scale (EDSS) is used to rate neurologic impairment in multiple sclerosis (MS).

Expanded Disability Status Scale (EDSS)

0	Patient's neurologic exam is normal.
1	Patient has no disability, but minimal signs are present in one functional system.
1.5	Patient has no disability, but minimal signs are present in more than one functional system.
2	Patient has minimal disability in one functional system.
2.5	Patient has minimal disability in two functional systems.
3	Patient has moderate disability in one functional system or mild disability in three or four functional systems.
3.5	Patient has moderate disability in multiple functional systems, but is fully ambulatory.
4	Patient fully ambulatory without aid for 500 meters, self-sufficient and moving about some 12 hours a day.
4.5	Patient fully ambulatory without aid for 300 meters, but may have some limitation of full activity.
5	Patient fully ambulatory without aid for 100 meters, but disability precludes full daily activities.
5.5	Patient fully ambulatory without aid for 200 meters, but disability impairs full daily activities.
6	Patient requires intermittent or unilateral assistance from a cane, crutch, or brace to walk 100 meters.
6.5	Patient requires constant bilateral assistance from canes, crutches, or braces to walk 20 meters.
7	Patient is unable to walk farther than 5 meters. Essentially restricted to a wheelchair, the patient can wheel themselves in a standard wheelchair and transfer themselves without aid.
7.5	Patient is unable to take more than a few steps, and is restricted to a wheelchair. While the patient wheels themselves, they may need aid in transfer and cannot stay in a standard wheelchair for a full day.
8	Patient is essentially restricted to bed or chair or perambulated in a wheelchair, but may be out of bed itself much of the day. With effective use of their arms, the patient retains many self-care functions.
8.5	Patient is restricted to bed for much of the day, but has some effective use of arm(s) and retains some self-care functions.
9	Patient is restricted to bed, but can communicate and eat.
9.5	Patient is restricted to bed and unable to communicate or eat.
10	Death from MS.

References

Kurtzke JF. Rating neurologic impairment in multiple sclerosis: an expanded disability status scale (EDSS). *Neurology*. 1983;33:1444-1452.